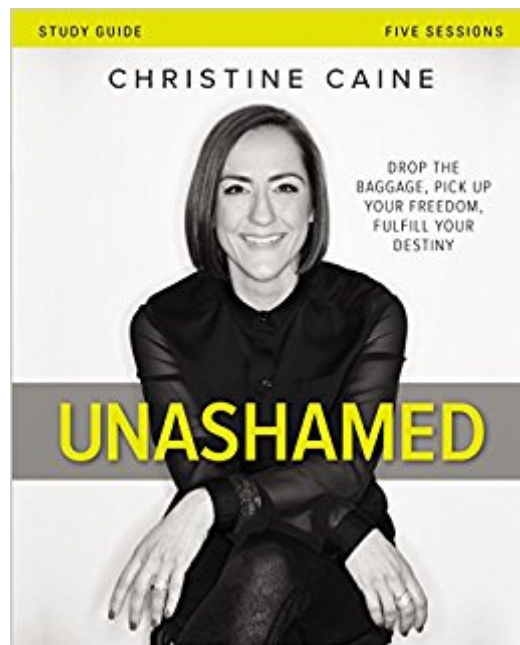




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# **Unashamed Study Guide: Drop The Baggage, Pick Up Your Freedom, Fulfill Your Destiny**



## Synopsis

Shame has no place in the purpose, plan, and destiny God has for us because shame lies to us, robs us of the freedom we long for, and shackles us in the prison of our past. In this five-session video Bible study (DVD/digital video sold separately), author and teacher Christine Caine weaves examples from her life with those of biblical characters who failed but overcame their shame to show how God heals us and redeems us. In her passionate style, she explains that if we want to change our futures, we have to believe God is bigger than our mistakes, our inadequacies, our pasts, and our limitations. We have to believe God created us for a unique purpose, has a specific plan for us, and has a powerful destiny he wants us to fulfill. God has already won the victory over sin and its shame, and we do not need to spend our lives believing the lies of the deceiver. Instead, we can allow ourselves to be defined by God's truth and choose to see ourselves the way God does—through the lens of his eternal perspective. So join the journey. Stop merely existing and start thriving. Lay hold of the power of Jesus Christ today and step into his future—a beautiful, full, life-giving future filled with purpose. You can live unashamed! Sessions include: Run, Don't Hide (21:00) Today Is the Day (19:00) Possess Your Inheritance (23:00) God Never Wastes a Hurt (20:00) Highly Unlikely (23:00) Designed for use with the Unashamed Video Study 9780310698735 (sold separately).

## Book Information

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## Customer Reviews

Christine Caine is an Australian-born, Greek-blooded lover of Jesus, activist, author, and international speaker. Together with her husband, Nick, she founded the anti-human trafficking

organization, the A21 Campaign. They also founded Propel Women, an organization designed to celebrate every woman's passion, purpose, and potential. Christine and Nick make their home in Southern California with their daughters Catie and Sophia.

I was able to host a group of ladies and go through this study guide. There is some rich topics we've discussed. The best part is seeing these ladies start to walk into freedom. It is absolutely amazing to see God do His amazing work! If you are interested in leading a group or going through it just yourself, it will be worth it. It will uncover some things and help you step into freedom.

I couldn't put the book down! I read it in a day and then recommended it for a friend. It was so helpful and insightful. I really appreciate the honesty of Christine and her openness. It couldn't have been easy to write the way she did but it sure helped me! When my friend is done with my copy I will be returning to it to read again and this time prayerfully.

This book was Everything I never knew and certainly told me about things in my own life that could've been holding me back for over a decade that I'd have never thought through had I not read this book. It's refreshing, insightful, full of wisdom, and if you need to desperately be reminded of WHO GOD SAYS YOU ARE rather than defining yourself by your past or mistakes you've made- get ready to have your future perspective brightened in a major way and truly step forward into your destiny. God is so good and so loving! The dvd small group experience is highly recommended!

This is a great study guide to accompany the book. I really enjoyed the book but I will be honest I found the subject matter not to be so applicable to my life. The study guide is in depth and works along side the dvd series more so than the book. I participated in an online bible study. While I did have a hard time finding it applicable to the stage of life I am in, I did glean some useful insight to how Christ works. Christine Caine is an excellent speaker and an awesome author. You can definitely find some purposeful information throughout the study guide

This was a good study guide if you had the CDs of her lessons. I thought just having the book would be all I needed. It became a waste of money for me because I did not want to buy the CDs as well as her book.

The study was purchased for a ladies' small group. It's a good topic but does not have as much

biblical linkage as I expected. Also, the discussion prompts allow for a lot of 'unpacking' of emotional baggage however it takes a strong discussion leader to keep the discussion on the right track. It is perhaps a bit too easy to complain about life's circumstances and run out of time to work on reaffirming the person.

Going through this Bible study was very helpful to overcome shame from my past that has hindered me, even though I didn't realize it. Thank you, Christine, for helping me to see and deal with this unforeseen shame.

Reading this with a small group and it's such a moving book. It has really made me look back at my life to see where the shame started in my life so that I can live my life shame free instead of shame filled!! Only through the strength of God will I be able to do that.

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